

### Contact Hamilton is Seeking Board Members

- Are you interested in volunteering with an organization that supports children, youth and adults with mental health and developmental disabilities?
- Do you live or work in the Hamilton-Niagara area?
- Want to learn about how a Board of Directors works?
- Looking to meet new people, and build networks?

#### Benefits of Joining the Board:

- Make a meaningful contribution to a community-based organization
- Meet new people from the Board who live and work across the Hamilton-Niagara area
- Training and professional development
- Learn about the developmental services or the children's mental health sector

#### Responsibilities

- Attend monthly meetings on the 4<sup>th</sup> Thursday of each month (evenings, 2.5 hours long)
- Commit to a 3-year term (can be renewed once)
- Board sets the vision, and the staff implements it
- Contribute in a meaningful way to Board discussions and activities

#### Eligibility

- Live or work in the Hamilton-Niagara region (Brant, Haldimand and Norfolk, Hamilton, Niagara, Six Nations of the Grand River and Mississaugas of the New Credit First Nation)
- Be 18 years of age or older
- Be committed to the values of Contact Hamilton
- Be committed to act in the best interests of all people served by Contact Hamilton

*If you have questions about whether you can apply or not, get in touch!*

To find out more about the current Board of Directors, visit the Contact Hamilton website's page.

To submit an application, please email Dayna Setzkorn [dayna.setzkorn@contacthamilton.ca](mailto:dayna.setzkorn@contacthamilton.ca) or go to our website to download an application form.